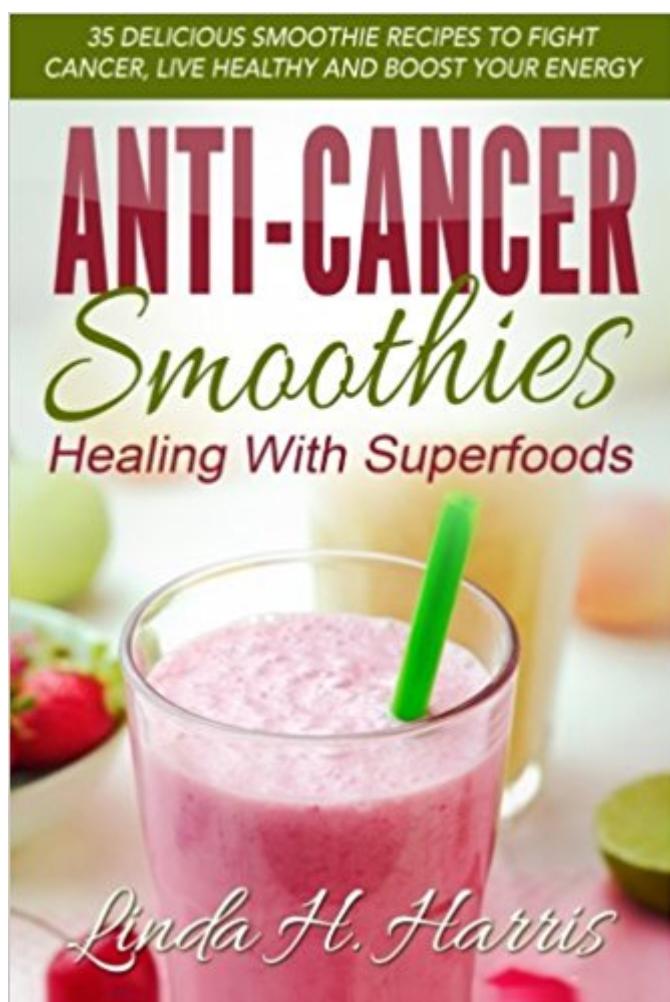


The book was found

Anti-Cancer Smoothies: Healing With Superfoods: 35 Delicious Smoothie Recipes To Fight Cancer, Live Healthy And Boost Your Energy



Synopsis

Anti-Cancer Diet, Cancer Fighting Foods, and Cancer Nutrition Whether you have cancer or you're at risk of cancer because of your family history - the way you eat can have a major impact on your health and your ability to fight or manage your disease. Cancer is notorious for sapping the strength and nutrition out of a person's body. You'll need to replace a lot of the vitamins, nutrients and minerals that certain drugs and treatments deplete. The Anti-Cancer Smoothies in this book are made of healthy and tasty vegetables, fruits, spices and herbs that are known to fight cancer. These superfoods provide antioxidants, minerals, vitamins and fiber that will boost your immune system, detox your body and help you beat cancer. Tasty and healthy ingredients are not all these smoothies bring to the table. There's also the convenience that's provided by a meal that simply gets prepared in a blender. If you don't have the energy to cook - you don't have to. If you're not feeling up to a meal at dinnertime but you're hungry before bed - make a smoothie. If you need something quick to grab for breakfast that you can take with your pills - a smoothie can be prepared the night before and left to chill in the fridge. Whether you're fighting off cancer or working hard to prevent it, you need to allow yourself as much rest and peace as possible. Anti-Cancer Smoothies can help. Order Your Copy Right Now!

Book Information

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Customer Reviews

Linda Harris is an author who specializes in writing about nutrition, fitness and health. A true foodie, Linda loves to cook for her family and friends, and has a deep passion for developing new recipes. In her spare time, Linda enjoys running, yoga and books.

This book really helped me get started with my smoothie habit. Easy to read, products called for are accessible in stores, and you can start mixing and matching your own ingredients.

Great collection of tasty smoothies for vibrant health.I think it's a great recipe book for beginners as the recipes are easy to make and most of them call for fruits (nice taste).

Written primarily to those currently with or recovering from cancer rather than from a preventative perspective.

Great little healthy smoothie book. So far have tried about 50% of the easy to make recipes and they are all super tasty.

The smoothies are simple to make. The information on each smoothie is priceless. Love the fruit and vegetable combinations. Winning the battle with smoothies. How much easier can it get.

Recipes taste good and helped me get nourishment while going through my cancer treatments.

Great recipes for eating-issues that come out of chemo treatments. Several recipes for non-acid smoothies.

This was a gift for a family member. They were very grateful and excited about the amount if choices given.

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Smoothie Recipes â€“ Look Good â€“ Feel Better â€“ Live Strong (Smoothie Bible) South Beach Diet Smoothie Cleanse: Weight-Loss, Detox, Anti-Aging , Quick and Delicious South Beach Diet Smoothie Recipes to Lose Weight, Boost Brain Power and Increase Energy Red Smoothie Detox Factor: Red Smoothie Detox Factor (Vol. 2) - Healthy Red Smoothies with Superfoods That Detoxify Your System Anti Aging: The Best Anti Aging Beauty Products, Anti Aging Medicines and Anti Aging Skin Care Treatments to Make You Look and Feel Younger (Anti Aging, ... Secrets, Anti Aging Diet, Beauty Products) Cancer: Coping With Cancer: Controlling and Understanding Emotions of Cancer (Cancer,Cancer Books,Breast Cancer,Colon Cancer,Lung Cancer,Cancer Diet,Preventing Cancer,Cancer Prevention,Cancer Cure) Cancer: Cancer Cure: Natural Cancer Cures And Chemo Alternatives (Cancer,Cancer Cure,Cancer Diet,Coping With Cancer,Cancer Books,Breast Cancer,Lung Cancer,Cancer Prevention,Colon Cancer) Cancer: Cancer Prevention: Killing Cancer By Preventing It. Instantly Prevent Cancer (Cancer,Cancer Prevention,Cancer Cure,Coping With Cancer,Cancer Books,Breast ... Cancer,Leukemia,Colon Cancer,Skin Cancer) Nutribullet Recipes: 365 Days of Smoothie Recipes for Rapid Weight Loss, Detox & Burning Fat: Smoothie Recipes for Weight-Loss, Detox, Anti-Aging & So ... Loss Drinks, Anti-Aging, Juicing Recipes) Vegan Protein Smoothies: Superfood Vegan Smoothie Recipes for Vibrant Health, Muscle Building & Optimal Nutrition (Vegan Cookbooks, Vegan Smoothies, Vegan Smoothie Recipes) (Volume 1) Green Smoothie Recipe Book: 500 Delicious Green Smoothie Recipes for Weight Loss, Better Health, Energy & Cleansing (Green Smoothies, Nutribullet Recipe ... Juicing Recipes, Fat Loss, Cleanse, Detox) Superfoods Smoothies Bible: Over 160 Blender Recipes, Whole Foods Diet, Heart Healthy Diet, Natural Foods, Blender Recipes, detox cleanse juice, ... loss - detox smoothie recipes) (Volume 60) Smoothie Recipe Book: 150 Smoothie Recipes Including Smoothies for Weight Loss and Smoothies for Optimum Health Outsmart Cancer: The Proven Cure For Beating Cancer With Healthy Nutrition And Vitamin B17 (Cancer,Cancer Cure,Cancer Diet,Coping With Cancer,Cancer Books,Breast Cancer,Lung Cancer,Cancer Prevention) Weight Loss Smoothies: 33 Healthy and Delicious Smoothie Recipes to Boost Your Metabolism, Burn Fat and Lose Weight Fast Anti-Inflammatory Diet: 100 Amazing, Delicious, Healthy, Anti-Inflammatory Recipes!! Recharge Your Body, Stay Younger, Lose Fat and Live Longer By Healing Your Immune System & Restoring Your Healt Nutribullet Recipe Book: Delicious and Healthy Smoothies, Designed To Promote Weight Loss, Suppress Hunger, Boost Energy, Anti-Age, Detox and Cleanse and Much More! (Diet, Nutritious, Natural, Easy)

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